



Welcome to The Twin Flames 11:11

Vibrational Alignment Program

Your Complete Course in Attracting, Connecting with and Reaching a state of Harmony and Bliss with your Twin Flame

This course has been created to help you make your Twin Flame connection one of love and joy; to get past separation and pain; to succeed in both attracting, connecting with and harmonizing yourself in your Twin Flame relationship – even if you've never met your Twin before.

We suggest you spend a number of weeks on this course and practicing the tools (even if you're excited and read through all the contents in one go first!). Spending 8-12 weeks is advisable because it allows the information sink in to your emotional, subconscious mind as well as being absorbed by your analytical faculties. In this way, your actual physical brain will begin to create new neural pathways through repetition – just like you would if you were learning a new language or training to run a marathon.

We suggest doing the Vibrational Alignment Tool every morning to help you flush out any negativity and lift your vibration to make your journey as enjoyable as possible. Connecting regularly with your Twin with the audio meditation provided, will also help align your energies and get you into a close connection.

Always remember that this is a journey, and there may be ups and downs on the way, but with these tools you'll soon be able to handle anything.

As little as 20 minutes per day will make a world of difference and will bring positive changes and progress in terms of your state of mind and your feelings, your vibrational frequency and the dynamic between your Twin and you. You will begin to naturally reach a deeper harmony with your inner, true self and thereby also energetically aligning yourself to your Twin Flame.

We remind you to also please disregard any preconceptions you may have about the Twin Flame connection as these could get in the way of your positive experience with your Twin Flame.

Above all be patient, relax, have fun and enjoy the process – you and your Twin Flame share a connection of unconditional love which is a gift beyond all gifts. We send you the brightest blessings for love and joy in this time and wish you all ease and happiness on your journey!

*“Love calls – everywhere and always.
We're sky bound.
Are you coming?”*

– Rumi

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1. *Attracting your Twin Flame*

– Vibrational Alignment and Techniques for Togetherness

2. *Developing Communication*

– Telepathy, Intuition and Emotions: How to talk to your Twin wherever you are

3. *Reaching a State of Harmony*

– Clearing the baggage that complicates your Twin Flame relationship

4. *Love Across Life and Death – We are Never Apart*

– A Channeled Message from my Twin Flame on the Other Side

5. *The Twin Flame Mirror*

– Coming Face to Face with the Best and Worst of who you are

6. *Twin Flame Sex*

– Secrets and Revelations

7. *The Runner/Chaser paradox*

– Is it holding you back? Is it even real?

8. *Past Life Complications*

– The Akashic Records and Clearing a New Path for Love and Joy

9. *What if my Twin Flame doesn't want to be with me?*

– Solutions and Explanations to Possible Problems

10. *Your Twin Flame Mission*

– What does the Future hold for you and your twin?

11. *11:11 Our Story*

– How my Twin Flame found me from the Other Side after Centuries apart